

# Future Chef RECIPE

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## EVA'S EVOLUTION SALAD

### Ingredients:

1 Cucumbers  
1 Apple  
1 Orange  
1 Mango  
1 Pear  
Strawberries  
Honey

### Directions:

#### **Step 1:**

Prepare the fruit: wash (and dry) the cucumbers, apple, orange, pear, strawberries and mango.

#### **Step 2:**

Peel the cucumbers, carrots, and orange.

#### **Step 3:**

Then slice everything into bite-sized pieces and place in a large mixing bowl.

#### **Step 4:**

Drizzle honey over the fruit, mix all the fruits together and gently toss it all.

**Voila – fruit salad!**

